

Where Everyday Matters



**SILVERGATE**

Retirement Residence  
& Memory Care Suites

*Premier Retirement Living by AmeriCare Health & Retirement, Inc.*



“I see the owners come to visit and join in parties. They have a personal commitment to the residents of Silvergate.”

– *Jeri P., daughter of Silvergate Resident*



# Welcome from the Owner

On behalf of AmeriCare Health & Retirement, the owner of Silvergate Retirement Residences, I would like to thank you for your interest in our Silvergate community. When we opened the doors of the first Silvergate in 1990, I envisioned a place where comfort and convenience didn't require compromise – a place where I would be proud to live and call home. I wanted Silvergate to provide more than quality amenities and services to its residents, I wanted a community that focused on a lifestyle for retirement living second to none. It's a goal that we constantly strive for at Silvergate.

People often ask me what I think is the most important factor contributing to Silvergate's success. I can say without a doubt that it is the management and staff at our communities. Many of our staff members, both management and employees, have been with us for over 10 years, and this longevity has allowed us to develop and train a loyal and caring staff to best serve our residents. Take a look around when you're at Silvergate and you will see how this relationship between management, staff, residents and family members manifests itself. It has allowed us to create what we call "The Silvergate Family", and you can feel it when you first walk through the door.

From a personal perspective, my goal for our Silvergate communities has always been to be the premier leader of retirement living in San Diego County, and I believe that the best way to achieve this is through active ownership involvement. Whether it is ongoing property improvements, or new programs and services for residents, or additional staffing and training, you'll find Silvergate a reflection of ownership's attention and commitment to making it a leader in retirement living.

Thank you again for your interest in Silvergate. I know that our community offers everything that you've been searching for – the highest quality amenities, a full range of services, and a friendly staff that truly cares about our residents. But above all, I know that you will find that Silvergate "feels like just the right place" to live. I look forward to meeting you and welcoming you to The Silvergate Family.

Sincerely,

David G. Petree  
President & CEO of AmeriCare Health & Retirement, Inc.  
Owner of Silvergate Retirement Residences



“I had a lovely home, but I didn’t need all that anymore. I love my apartment at Silvergate. The service is fantastic. And the staff can’t do enough for you.”

– *Jan R., Silvergate Resident*

# Pursue Your Passions

Make time for what matters most.

Isn't it time to start that new hobby you've always dreamed about, or go back to that favorite pastime? At Silvergate, we help you cross off those mundane tasks on your "To Do List" so you have more time to do what you enjoy doing. Our friendly, attentive staff focuses on the day-to-day details, like vacuuming the carpet and cleaning the bathroom, or crafting a variety of healthy, delicious dinner options, so you can focus on what matters most today.



You decide what's for dinner tonight.

Convenience doesn't necessarily mean compromise. Every aspect of our community is designed with you in mind, especially our dining options. Our Executive Chefs and Dining Room Staff prepare fresh, healthy homemade meals for you every day. Don't see your favorite on the menu? Let us know so we can be sure to accommodate your preferences.



“Silvergate has helped me keep feeling independent. They set up all kinds of fun activities – like bowling tournaments and musical events. My bridge group comes in on Tuesday nights and we play in the card room. I’ve been very happy here.”

– *Ruth W., Silvergate Resident*





# Explore New Opportunities

Become a part of our community.

Every day presents a variety of possibilities, like having breakfast with your neighbor, playing bridge with others in the card room, or joining your new friends for Happy Hour. No matter what your interests are, you're sure to find others at Silvergate who have similar interests and hobbies.

You decide our next destination.

In addition to the full calendar of activities and events hosted by Silvergate, you also have the unique opportunity to join your closest friends and favorite staff members on special organized outings to some of Southern California's most popular attractions. Some of our favorites include the horse races at the historic Del Mar Race Track, lunch at the Hotel del Coronado, and week-long cruises down the California Coast.





“The caregivers do things because their hearts are in the right place. I would give an A to A+ to everyone here – they all work so hard.”

– *Eleanor H., Silvergate Resident*





# Count On Us

## Quality care services tailored to your needs.

At Silvergate, your comfort and well-being are our highest priority. Based upon your personal needs, our community offers a continuum of care ranging from assistance with medications to our 24-hour memory care program – Silvergate Suites. To insure you receive the personalized care you need, when you need it, our Director of Resident Care will provide in-depth initial and ongoing health assessments, in partnership with you and your personal physician’s recommendations, to provide a customized care plan to suit your specific needs.



## Friendly and attentive staff you can rely on.

Along with our Director of Resident Care, our nurses and caregivers are dedicated to providing care with the utmost dignity, respect, and compassion. Low resident-to-staff ratios, which far exceed the industry standard, allow our caregivers to provide the personalized attention you need. Silvergate provides a warm and home-like environment where you can rely on staff to deliver exceptional service and truly care about your health and well-being.





“I only wish I would have moved to Silvergate sooner, because I didn’t know what I was missing!”  
– Fern W., Silvergate Resident



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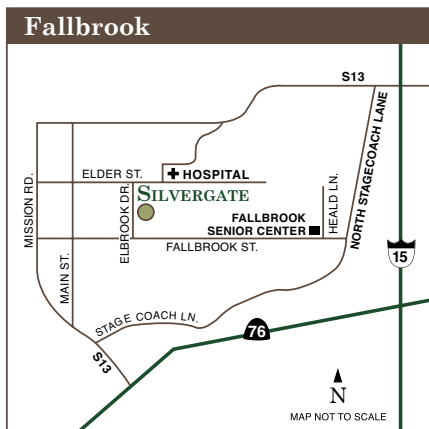
[www.SilvergateRR.com](http://www.SilvergateRR.com)



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## SILVERGATE FALLBROOK Retirement Residence

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## SILVERGATE SAN MARCOS Retirement Residence

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