

# In-Home Care vs Senior Living

*Discover The Advantages of Senior Living*



## SILVERGATE

Retirement Residence  
& Memory Care Suites



## The Conundrum of In-home Caregiving

For families who are considering in-home care or who have managed its inherent complexities, the challenges around revolving caregivers, their all-too-frequent tardiness or “no-shows” and simply coordinating care can be simply overwhelming. Combine those issues with the isolation seniors face at home along with the ever-rising cost of caregivers, and in-home care can be daunting to manage.

While in-home care may be a quick fix for spouses and family members who need support in short order, a well-chosen senior living community offers an extended network of specialized professionals, socialization with peers and award-winning care — all under one roof.

At **Silvergate Retirement Residence**, seniors regain the independence they value surrounded by loving support whenever it’s needed. Family members, in turn, can return to simply being loved ones, unburdened by the constant demands of caregiving.

*The peace of mind families experience after moving a loved one to senior living is immeasurable.*



## The Isolation of In-Home Care

While in-home caregivers do allow seniors to stay at home, remaining in familiar surroundings does not address their need for social connection beyond the paid caregiver.

The absence of group activities, shared meals, and community engagement can lead seniors to feeling isolated or lonely, impacting both mental and emotional well-being.



## The Power of Socialization

By contrast, a senior living community, like **Silvergate**, offers year-round organized activities, festive social events, exciting day trips, and interesting local excursions for residents to enjoy.

Residents form meaningful friendships spending time together with other seniors in our community dining room, theater, card room, arts and crafts rooms, library, and active outdoor spaces — increasing mental sharpness, enhancing emotional well-being and improving physical health.

# Comparing Quality and Cost

## Quality of Care



### IN-HOME CARE

In-home care provides (for the hours a caregiver is hired) one-on-one attention for routine activities of daily living (ADLs). The downside? These ever-changing caregivers typically have basic healthcare skills, lack expertise and serve more as a paid companion. When their shift is over, they depart, leaving seniors alone and fending for themselves again.

### SENIOR LIVING

Senior living communities, like **Silvergate**, offer residents a comprehensive team of caregivers, including a dedicated Director of Resident Care, L.V.N.s, medication technicians and caregivers who are trained to handle a wide range of health conditions and emergencies. Longer staff tenures allow our team to become deeply familiar with the likes, interests, and unique health and wellness needs of every resident.

## Cost of Care



### IN-HOME CARE


At first, in-home care may seem more affordable than senior living, but with rates at \$30-\$50/hr. and 4-hour service minimums, caregiver costs can quickly climb out of control. As care needs continue to grow, the cost of in-home care can skyrocket to as much as \$25k/mo. for 24-hour care — and, that's in addition to the usual expenses of homeownership.

### SENIOR LIVING

Senior living at **Silvergate** can be more cost-effective than in-home care because residents only pay for the care services they need. With home ownership costs eliminated, significant economies of scale passed along to residents, and 24-hour staffing already in place, **Silvergate's** care pricing is more cost-efficient than most at-home care arrangements.



# In-Home Care vs. Senior Living

|                                             | Senior Living                                                                         | Hired Caregiver                                                                       | Family Care                                                                           |
|---------------------------------------------|---------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------|
| Remain at Home                              |    |    |    |
| Personalized Care and Individual Support    |    |    |    |
| Receive Care Only When Needed               |    |    |    |
| Relieves Family Members As Caregivers       |    |    |    |
| Reduced Hospital Visits                     |    |    |    |
| Comfortable Recovery Setting                |    |    |    |
| 24 Hour Professional Care Team              |    |    |    |
| Full Range of Quality Care Services         |    |    |    |
| Social Events & Award-winning Activities    |  |  |  |
| All-day Dining with Chef-crafted Meals      |  |  |  |
| Cost-effective, All-Inclusive Care Solution |  |  |  |
| Convenient Concierge Services               |  |  |  |
| Community Amenities (Theater, Salon & More) |  |  |  |
| Safety, Security, Peace of Mind             |  |  |  |
| Maintenance-free Lifestyle                  |  |  |  |

## The Peace of Mind You've Been Looking For

When families are unburdened by serving as caregivers, or overseeing them, they can continue to be loved ones and enjoy the peace of mind they deserve.

Seniors who have made the choice to move to **Silvergate** — before a health emergency requires adult children to move a loved one in haste — will tell you that it was the greatest gift they could give their own family.



## Take the Next Step

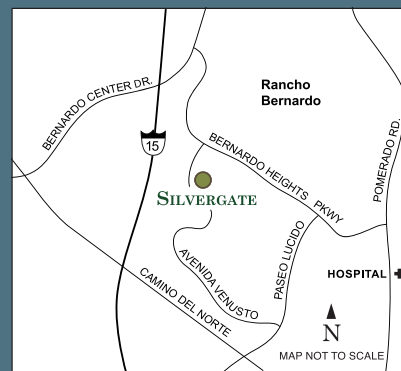
Explore the Silvergate care solution firsthand by scheduling a private tour today.  
Making the move to senior living could create the peace of mind you've been missing.



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