

# Exploring All That San Diego Has to Offer

When you reside at Silvergate, San Diego county becomes your year-round personal playground. Day trips to museums and art galleries, wine tastings at local vineyards, baseball games downtown, live theater shows at The Old Globe and outings to elegant restaurants are regularly on the community's packed calendar of events.



## Adventuring Keeps Seniors Active & Independent

If your aim is to remain independent and active for life, there's no better way than to get involved with other seniors who share your enthusiasm for exploring the cultural, historical, and even magical attractions of Southern California.

***What Are You Waiting For?***



## Oh, The Places We Go!

Silvergate's experienced Activity Directors manage the planning and organizing of all kinds of exciting outings you might never think of or had a chance to visit. As a result, Silvergate residents take part in wonderful new adventures without worrying about driving, purchasing tickets or making dining reservations. All of the details are taken care of from the moment you depart, leaving you time to enjoy new friendships and experience San Diego anew.



INDEPENDENT LIVING | ASSISTED LIVING | MEMORY CARE | RESPITE STAYS

# SILVERGATE

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& Memory Care Suites

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