



AM I READY?

FOR SENIOR LIVING



SILVERGATE

Retirement Residence
& Memory Care Suites



Making the Most of Your Precious Time

As a senior, one of the most important assets you have is time...especially healthy time. Deciding how to spend each new day becomes ever more important in your retirement years. What if you could reignite the passions and pursuits in your life by giving yourself more freedom to live each day with greater purpose and more joy?

If your goal is to remain independent for as long as possible in retirement, then we invite you to consider senior living at Silvergate.

***We Invite You To Consider
Senior Living at Silvergate.***



SILVERGATE

Retirement Residence
& Memory Care Suites

Silvergate Retirement Residences – San Diego county’s premier collection of senior living communities – offers you the opportunity to make the most of the energy and vitality you have right now.

Why not maximize the precious healthy time you have enjoying new friends and socializing with neighbors? Our residents will tell you...there’s no better time for senior living than the present.



You May Be More Ready Than You Think

When asked about retirement community living, seniors often say, ***“I’m just not ready yet.”***

While you may think moving to a retirement community is surrendering to your age, the wonderful and often unexpected benefits of moving sooner rather than later are significant and undeniable.

Silvergate offers you an exciting and engaging retirement living experience – one that provides an easier lifestyle with fewer daily hassles, more services, more conveniences, more opportunities for fun and more real freedom than you have at home right now.

*As The
Old Adage Goes...
Carpe Diem.*

The Reality of Independence for Seniors

Years of conversations with seniors show striking differences between how independent they perceive themselves to be versus the reality of the independence they actually experience.

What Seniors Say:

The Reality Seniors Experience:

“I have lots of friends and neighbors.”

A social circle that has dwindled with time.

“I go out with friends whenever they call.”

Friends aren't going out as often anymore.

“I am generally active and try to stay healthy.”

More television and less exercise as time goes on.

“I take pride in my home and love my projects.”

The family home is aging, and its upkeep is costly.

“I forget where I put my keys, but I can still drive.”

Eyesight and reflexes start to wane at night as one ages and driving becomes more challenging.

“

*I'm perfectly capable
of making my
own decisions.*

”

*In reality, family members
help with many decisions like
house repairs, finances,
doctor visits and more.*







It's Never Too Early To Move To Senior Living

When seniors choose to move to a retirement community like Silvergate early, they are able to take advantage of everything senior living has to offer while they are still healthy and vibrant. Most residents find the sooner they move, the more time they have to participate in activities, forge new friendships and become more engaged.

Time and again, our residents will tell you, **"If we knew then what we know now, we would have moved into Silvergate much sooner."**

*A Supportive
Community Awaits.*

Today's Senior Living



What Senior Living Is...

The best senior living communities today offer high-end elegance, beautiful accommodations, and a robust calendar of social and recreational activities. The chef-prepared cuisine, resort-style services, modern living spaces, and new ways to spend time allow older adults to live with greater ease and more independence than ever before. What's more, seniors and their families gain a deep sense of security knowing a professional care team is available if ever it's needed.



What It's Not...

Today's senior living communities are a far cry from the stuffy nursing homes of yesteryear. If you're conjuring up gloomy images of frailty and a less than pleasant staff, think again!

You'll be pleasantly surprised to learn that quality retirement communities like Silvergate are full of lively energy, bustling activities and compassionate staff who quickly feel like extended family.



Seniors Share Their Unique Stories...

On the pages that follow, you'll find a collection of intriguing stories from retired seniors who ultimately decided to make a change to retirement community living. Despite some initial reluctance, these seniors reached out for community information, weighed their options, and elected to make the move.





Let's Explore

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About This Guide...

After years of answering questions about the merits of senior living, Silvergate has created this helpful guide for seniors just like you who are considering a move to a retirement community setting and wondering...

Am I Ready?

Friendships are Life's Great Joy

Losing touch with friends or being apart from family can be difficult if you were once actively involved in social circles or entertaining regularly.

For seniors who are isolated at home, there is a real risk of struggling with loneliness and anxiety, the leading causes of depression among seniors.



Socialization Promotes Independence for Seniors

Experts have found that shared experiences kindle new friendships, keep your mind sharp and uplift your mood. Studies find regular socialization can even decrease the risk of memory loss and dementia.

Staying engaged with friends and spending time in the company of others helps seniors connect to one another and their community. Consequently, they remain happier, emotionally healthier, and more independent for longer. At Silvergate, a full roster of social events creates wonderful opportunities for residents to come together for activities like theater outings, museum visits, dance nights and happy hours...

*Your Calendar is Always Filled
with Fun Things to Do.*

Mary's Story

Mary, a vivacious 75-year-old retiree, was living alone in a large house situated on more land than she now needed. When her husband passed away, she found herself increasingly isolated from friends and missing her son and grandkids. Her time was spent watching television, shopping for necessities, and reading the local paper. The hobbies and activities she once enjoyed were less and less a part of her days. Mary felt a bit stuck. Although her son lived nearby, he couldn't visit as often with three active teenagers at home. Her son had mentioned to her time and again that she needed friends and neighbors nearby. Together, they decided to tour Silvergate, attend some of their activities and stay for dinner to sample the cuisine.

Senior Living Gives Mary a Built-in Circle of New Friends

Mary found a welcoming group of women at Silvergate and mustered the courage to make a move. She discovered she still loved crafting and working with her hands, and there were regular bridge tournaments, art classes and a walking club. She also was excited to join in on all the outings and day trips with her new circle of friends. Her determination to enjoy her retirement and really live life paid off when she moved to Silvergate.



Dining with Friends Just Feels Better

Across generations and cultures, sharing a meal represents so much more than simply eating food. Sitting down to dinner brings people together to tell stories, discuss current events, laugh out loud, and learn from one another. Studies show that having to dine alone may be one of the primary factors driving poor eating habits and loneliness in seniors.



Building Friendships Promotes Independence and Well-being

Building community and sharing the day over mealtimes is one of the most important ways seniors can maintain their independence, feel happier, and experience good health as they age. In fact, when seniors have meals together, they can actually improve their nutritional intake. Research suggests that seniors take longer to dine and report eating more nutritiously when they share a meal with friends versus when they eat alone. At Silvergate, residents gather to dine and make new memories together daily.

*Residents Dine with Friends
Daily at Silvergate.*

Suzanne's Story

Suzanne had always been a social butterfly. Her classmates years ago had dubbed her “most likely to make you laugh.” She had spent her career as a radio talk show host, discussing the latest news and trends. She often met girlfriends at the local coffee shop to catch up on how their families were doing and where they’d been on vacation. Since becoming a widow though, she found that making the effort to go out for lunch or dinner was more difficult. Her inclination to leave the house and socialize had faded away. Slowly, she had retreated into a more reclusive and isolated lifestyle at home.



Reminiscing and Sharing Memories Cultivates Well-being

One day, Suzanne’s good friend Ruth, who lived at a local Silvergate community, was celebrating a milestone birthday. Suzanne decided to get dressed up and take a gift to the dinner party Ruth’s friends were having for her at the community. That small party of six sat for hours after the candles had been blown out, reminiscing about old times, and sharing cherished memories. Suzanne realized she was lonely at home. She missed the banter and camaraderie of her close friends. It didn’t take long before Suzanne joined Ruth at Silvergate, where she could see friends every day and emerge from the loneliness she had been experiencing for far too long.

Time in the Kitchen?



A lot of seniors say they love to cook, but do the chores of making a grocery list, shopping for food, preparing ingredients and cooking over a hot stove still really appeal? What many may remember is a time when they enjoyed creating wonderful meals for loved ones. With the passage of time, those loved ones are now fixing dinner in their own homes, yet the quandary of “what’s for dinner?” still lingers.

Chef-prepared Meals Let You Recapture Your Precious Time

By putting a professional chef in charge of dreaming up the next meal of the day, your valuable time becomes yours again. At Silvergate, there’s a comfortable and inviting community dining room where you and your friends can enjoy delicious cuisine every day. There are restaurant-style dining venues, ever-changing meal choices, private dining rooms for special occasions, happy hour events, candlelight dinners and special occasion celebrations. With the built-in village of friends you have, you can eat, drink and make merry every day, and..

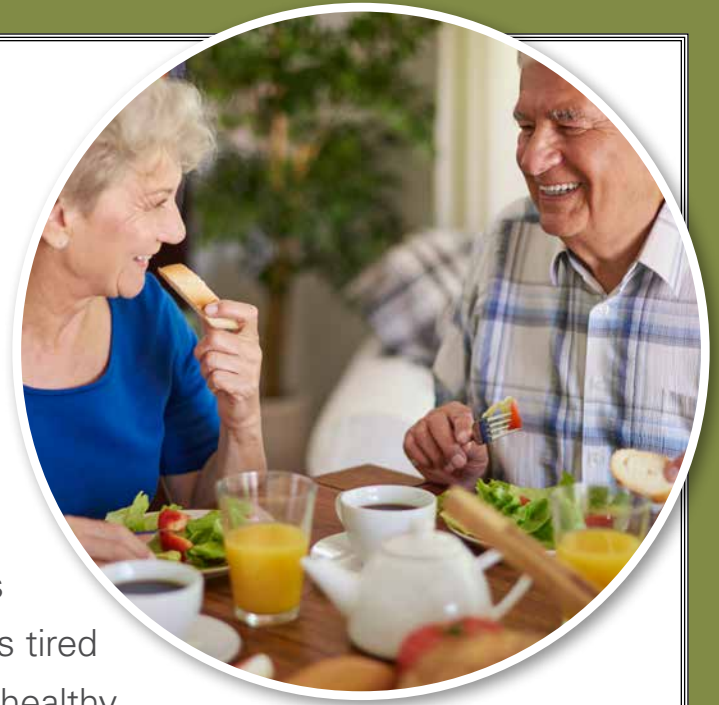
*Best of All...
No More Dishes or Cleanup!*

Dan and Betty's Story

Dan and Betty had retired years ago. Betty had planned to take up some new hobbies and spend more time with her quilting club friends. But to Betty's mind though, Dan was the only one who had truly retired. She was still "working" at home, taking care of the cleaning, grocery shopping, and cooking – a job all on its own. Betty's independence was still hampered by everyday house chores. She was tired of microwaving frozen dinners and was running out of ideas for heart-healthy options for Dan, whose health was a priority. As she thought about it, she realized she wasn't actually cooking three square meals a day anymore. For ease, she was cutting corners and sacrificing nutrition along the way.

Betty's Eye-opening Culinary Experience at Silvergate

One day, Betty had an unexpected experience when she visited a friend at Silvergate, a nearby retirement community. She stayed for lunch and tried the delicious meal being served restaurant-style in their elegant dining room. She realized she could enjoy chef-prepared food every day if she and Dan lived there – with no prep or dishes to take care of at all. Betty decided she was ready to let someone else dream up the dinner menu every night. The couple eventually moved, and after six months of eating better, Dan's physician reported an overall improvement in his health markers at his next check-up.



Staying Active Nourishes the Soul

Seniors tend to become less active as they age. Their friends are going out less frequently and getting around town at night can become more challenging over time. Often, they are also relying on the same local places for entertainment – many of which no longer hold much excitement or amusement for them.



Planned Activities Make Getting Involved Easy & Fun

On any given day at Silvergate, our professional Activity Teams are busy curating a dynamic calendar of events and activities that invite residents to try something new, something fun or even something unexpected.

- ❖ Live Entertainment
- ❖ Social Events & Happy Hours
- ❖ Music & Dance Performances
- ❖ Art Classes & Instruction
- ❖ Creative Handicrafts
- ❖ Senior-focused Fitness Classes
- ❖ Educational Lectures & Talks
- ❖ Resident Council & Volunteerism
- ❖ Movie of the Week Events
- ❖ Sporting Event Spectator Parties
- ❖ Spiritual & Faith-based Gatherings
- ❖ Clubs for Bridge, Books, Walking & More



Lifelong Learning & Personal Passions

Come be fascinated again by learning and intellectual exploration. Dive into new passions and hobbies you never thought you would try. It's easier to join in when someone else is planning, organizing, and gathering everyone together for you. With activities like guest lectures, art lessons, and live entertainment, you'll simply say "yes" more often.

*All You Have
to Do Is, Say...Yes!*

Exploring All That San Diego Has to Offer



When you reside at Silvergate, San Diego county becomes your year-round personal playground. Day trips to museums and art galleries, wine tastings at local vineyards, baseball games downtown, live theater shows at The Old Globe and outings to elegant restaurants are regularly on the community's packed calendar of events.



Adventuring Keeps Seniors Active & Independent

If your aim is to remain independent and active for life, there's no better way than to get involved with other seniors who share your enthusiasm for exploring the cultural, historical, and even magical attractions of Southern California.



Oh, The Places We Go!

Silvergate's experienced Activity Directors manage the planning and organizing of all kinds of exciting outings you might never think of or had a chance to visit. As a result, Silvergate residents take part in wonderful new adventures without worrying about driving, purchasing tickets or making dining reservations. All of the details are taken care of from the moment you depart, leaving you time to enjoy new friendships and experience San Diego anew.

*What Are
You Waiting For?*

When Is a Home Just a House?

For years, your home was buzzing with the sounds of an energetic family life with everyone gathered around the table for dinner, kids coming and going, friends dropping by, and wonderful holiday gatherings.

As the years pass by, the energy wanes and the house gets quieter. Your children grow up, have families of their own and may visit less often. Neighbors may have moved away, or friends may not be dropping by as often as they once did. *Despite all the fond memories you have, when your home is no longer the hub of family activity, it's simply become just a house.*



Let Silvergate Be Your New Home

At Silvergate, you'll find a vibrant community filled with energy, vitality and people again. You'll enjoy shared meals in the dining room, poker in the Card Room and movie night in the Theater Room...and so much more. It's a place where new memories are waiting to be created.

***New Memories are
Waiting to Be Created.***



Where Do You Live in Your House?

The downstairs layout of a typical three-bedroom home – like the one shown at right – demonstrates where seniors tend to spend most of their time after retirement. The vast majority of the house – nearly 80% of the space in fact – is seldom used. By consolidating daily use into the kitchen for cooking, the family room for watching television and the bedroom for sleeping, many seniors have already down-sized inside their own homes.





Most Seniors Down-Size Their Lives Into a Few Rooms of Their Own House

In a 3,000 square foot home where only 20% of the available space is being used, seniors have effectively reduced their living quarters to about 600 square feet. Most senior living apartment homes, however, are larger than that and come with all the amenities, services, and benefits of a retirement community setting. Easy-to-manage senior apartment homes like those at Silvergate likely serve your purposes and fit your current living needs even better than your current house.

Freedom from Maintenance & Repairs

Despite all the time and effort it takes to maintain a home, many seniors have trouble letting go. For many, years of labor and do-it-yourself projects are a strong source of pride and memories. However, as you age, so does your home. The house becomes a never-ending source of deferred maintenance, repair projects and ongoing expenses.



Silvergate Eases the Burden of Home Maintenance

Silvergate makes home maintenance a thing of the past. In our fully maintained retirement community, all of the maintenance is done for you. If you're ready to relinquish the house repairs to someone else and spend your days as you choose, then you are ready for senior living at Silvergate.

*Make Maintenance
a Thing of the Past!*

Jessica & Bill's Story

Jessica and her husband Bill had raised their family in a lovely four-bedroom, three-bath home with nearly 2,800 square feet of space with a big backyard. Jessica had spent years cultivating her roses and flowers in the garden.

Jessica was reluctant to move from the home and garden she and her daughters had tended to for so many years. Bill, however, realized that the never-ending repairs to the house, the expensive annual tree trimming, and the huge water bills they were experiencing were becoming too much to manage year in and year out. He had already dealt with more than one unethical contractor for repair work.

Repairs, House Chores & Worries Disappear Overnight

With costs rising every year and doing the work himself becoming harder and harder, Bill finally convinced Jessica it was time to sell the house in favor of living at Silvergate. He wanted to move while they still had their health, and Jessica could still enjoy the community garden every day. The repairs, the worries and the house chores disappeared when they moved in. Jessica was happy to now be living among friends who loved the community's Garden Club as much as she did.



Peace of Mind for the Entire Family

Far too many seniors claim they're "not ready" for senior living and then find themselves faced with trying to find a care solution after a health event or an injury. To avoid making hasty decisions, seniors and adult children will find comfort in researching their options now rather than under time constraints and pressure later.

Most importantly, when you choose where you want to live for retirement – *before a health emergency requires your children to make the decision for you one day* – you and your family can enjoy greater peace of mind in the days and years ahead.



Give Your Children the Gift of Peace of Mind

Seniors who have made the choice to move to Silvergate while they're still healthy and independent, will tell you that it was the greatest gift they could give their own family. When children or loved ones are unburdened with serving as caregivers, they can simply continue being loved ones. They'll step in if needed because they love you, but with their own families and obligations to take care of, your loved ones will be far happier when you make the decision for yourself.

***Make the Decision for Yourself
Sooner Rather Than Later.***

John's Story

As a longtime financial advisor, John had spent his career counseling others on how to plan for their futures. He was no less careful when it came to managing his own affairs. But John also knew that retirement security wasn't just about his assets and savings. He felt like he needed a better plan to safeguard his wife's future in case anything should ever happen to him. His daughters no longer lived in the area and had often expressed concerns about how they would manage if something were to happen to either one of them. They couldn't just pop over to help them out anymore. John knew his daughters were right. He needed a better plan, and he wanted to be sure his wife would be taken care of later.



Grateful to Know Care is Available if Ever it's Needed

John's daughters were relieved and thankful when their dad made the decision to move to Silvergate. Not only did they become part of a dynamic community with new friends and fun things to do, but they also had an award-winning team of caregivers available if they ever needed help — day or night. Moving to Silvergate sooner alleviated John's daughters of the troubling worry of what to do from afar in the event of a health crisis. His family now had the peace of mind they needed, and he and his wife could also rest easier, knowing they'd made a great choice for the entire family.

Invest in Yourself..You've Earned It!



Many seniors feel that a quality retirement community is out of reach or unaffordable. As a result, they delay the decision to move into a senior living setting until they absolutely need one. In reality, if you own your home, you are well positioned to have the resources to retire comfortably into a senior living community like Silvergate.

Put Your Hard-earned Equity to Work for You

One of the greatest tools you have for affording senior living is unlocking the equity you've built over time in your home. Selling your house and then wisely investing the proceeds converts it from a real estate asset to a liquid asset that you can now directly control. It gives you the resources to take advantage of a retirement community lifestyle earlier while you are healthy and able to enjoy all of the benefits that accompany it. If you own your home, you are likely well positioned to retire comfortably into a senior living community like Silvergate. After spending an entire lifetime working toward retirement, you've earned it!

*If You Own your Home,
You Can Afford Senior Living.*

Alice's Story

Alice loved her home of many years and was reluctant to leave the large back deck with its porch swing that her husband had built long ago. Now that he was gone though, she often wondered if she was throwing away her retirement money on the upkeep of the deck and the caretakers needed to maintain the property.



Living Comfortably on Your Retirement Funds

Alice grew up during the depression and was reluctant to let go of her hard-earned money, but when she calculated the cost of maintenance on her home and all of the monthly expenditures, she realized she could afford to move.

In fact, by selling her house and investing her equity through her financial advisor, she would be able to live comfortably on the interest from her investments. In the long run, Alice found her money would serve her needs better over the same number of years by moving into a senior living community like Silvergate. It was a win-win for her and her family.

Overcoming the Fear of Selling Your House

Overcoming the fear of selling your house takes encouragement and the right team of support. Don't let that deter you from your goal of moving to a retirement community and remaining independent for longer.

Real estate agents who specifically work with seniors understand the reluctance older adults may have with initiating a house sale. Their expertise can be invaluable as you prepare to list and sell your home. They can answer questions like... Is now the best time to sell?; How much is my home worth?; What repairs are needed before I can list?; Should I move before or after I sell?



The Right Help Makes It Easy!

With the right help, preparing to move and selling your house is less complicated and easier to achieve than most seniors believe. Working with a senior-focused realtor will help you navigate the process, secure the best price for your home and allow you to enjoy senior living sooner rather than later.

*Working with the Right
Expert Matters.*

Tom's Story

Tom had lived in his home for more than 30 years. As he aged, he found his support network had dwindled. After he lost his wife, he had trouble taking care of his home. He was falling behind in managing the bills for from the gardener, housekeeper, and handyman he now needed for upkeep. His son had tried to help, but he also felt exhausted by the work of his parent's household. Both Tom and his son knew it was time for a change. Tom was open to moving to a retirement community like Silvergate but was overwhelmed by the idea of preparing the house for sale, downsizing his belongings, and making the move.



Real Estate Expert Sells Tom's Home with Ease

The father and son duo found relief in a team of skilled local experts. Tom's son hired a great realtor who specialized in working with seniors and was able to reverently work with his dad to answer his questions about the local real estate market and help him get the ball rolling. The realtor provided him with comparable sales in the area, established the best sale price possible and listed and sold his home to a wonderful military family, whom he knew would treasure it as much as he had. Tom later settled into a beautiful senior living apartment at Silvergate and couldn't be happier with his decision to let go of the old house.

How Will I Ever Downsize My House?

While it may be hard to imagine moving from a large house into a smaller space, the right team of experts can help make the process a whole lot easier. For seniors who have owned a home for many years, downsizing a house full of furniture, collections and treasures can seem impossible. Where do you start?



Start with a Team of Professional Move Managers

Silvergate partners with professional move management teams who can help minimize the chaos, stress, and often emotional upheaval of moving. They assist with gently sorting through possessions, selling what you no longer need, gifting what you'd like to pass on and donating what others can still use. After that, they manage the packing, shipping, and delivery of all your cherished belongings – even space planning with you in advance. You arrive at the front door of your new apartment home with your pictures already hung on the walls; couches and chairs in place; and your clothes hanging in the closet.

*The Big Reveal is
the Best Part of the Move!*

Annie's Story

As a former interior designer, Annie had spent many a weekend browsing antique shops for inspiration and amassing a sizable collection of knick-knacks and wall art. After she retired, her kids kept encouraging her to “get rid of the clutter.” She knew she needed to downsize but was struggling to figure out where to begin.

Annie's plan to move to Silvergate was streamlined when she took advantage of the move management services referred by the community. From the attic to the garage, the team sorted and packed everything, whittling it all down to what she really used and needed.

The Gift of Noticing Treasures & Heirlooms Once Forgotten

On the day she moved in, Annie was welcomed into a turn-key apartment home, decked out with all of her own furnishings, décor and one-of-a-kind antiques. She cried when she took that first step through the front door. Not only did it look and feel like her former home, but some of her long-forgotten antique treasures had been found in the process of downsizing for the move. Annie was thrilled. She knew she was home when she settled in that first night. She was grateful she'd made the decision to clear the clutter and right-size into senior living at Silvergate.





We Invite You to Consider Silvergate...

Senior living communities offer a better way to preserve and extend your healthiest retirement years – all while enjoying a more independent lifestyle. At Silvergate Retirement Residences, you have the freedom to spend time enjoying new friendships, new passions, and life's daily joys again.

If you're considering senior living, now is the time for Silvergate. With opportunities to socialize, savor wonderful cuisine and have a compassionate team of professionals at-the-ready should you ever need them, we invite you to make the most of your precious time in a place...

Where Every Day Matters!



Silvergate Rancho Bernardo

Silvergate Retirement Residences

Welcome to **Silvergate Retirement Residences**, where we have been catering to the unique needs of seniors and their families for more than 35 years. At Silvergate, we provide the luxury retirement living independent seniors expect, as well as assisted living services and high-touch memory care solutions they may one day need. We understand that exceptional quality, personalized attention, and a vibrant lifestyle are of paramount importance to our residents.



Not All Retirement Communities are Alike

What sets Silvergate apart from other senior living communities is our unwavering commitment to providing a truly extraordinary retirement experience. We believe that retirement should be a time of fulfillment, purpose, and joy, and our communities are designed to support every aspect of your well-being. From luxurious accommodations to enriching activities and outstanding services, we strive to create an environment where you can thrive and enjoy your golden years in comfort and ease.

Every year at Silvergate, we assist seniors with making a well-timed, well-managed transition to retirement living, where they happily find their stride after setting in.



Why Silvergate Retirement Residences



Chef-crafted Meals & Restaurant-style Dining

The culinary experience at Silvergate stands second to none. We bring the finest in Chef-crafted cuisine and table-side service to senior living by focusing on presentation, healthy ingredients, and exciting menu offerings.



Engaging Events & Activity Programming

Silvergate has an unparalleled reputation for offering unique activities and exciting events specifically designed for independent seniors, including diverse outings all around San Diego county.



Tenured & Fully Staffed Team of Professionals

Silvergate has cultivated a solid team of veteran managers and staff whose commitment to serving seniors has spanned well beyond the norm, often for decades. Our communities are fully staffed, providing the stability and continuity you can trust.



Locally Owned & Operated

Silvergate has been actively owned and operated by the Petree family since its doors opened in 1990. The company proudly remains focused on responsive operations, continual reinvestment in its properties and consistency in its leadership teams and staff.



Convenient Health Services

Doctor's visits and health maintenance are easy and convenient for residents right where they live. A full menu of healthcare services is available, allowing onsite care providers to bring outstanding care straight to a resident's room or the campus Health Center.



Award-winning Care If Ever You Need It

Silvergate offers a broad spectrum of award-winning care services should they ever be needed, including memory care. With one of the highest caregiver-to-resident ratios in the industry, our experienced care teams provide the exact care you need as it's needed.

Take the Next Steps...

Visit SilvergateRR.com Online

One great place to learn more about the Silvergate lifestyle is online at SilvergateRR.com. On our website, you will find a wealth of information about Silvergate's locations, apartment homes, concierge services, amenities, activities, cuisine, staff and even virtual tour videos of our apartment homes.

Book a Private Community Tour & Stay for Lunch

There's no substitute for seeing a senior living community in person. Come take a walking tour of a Silvergate community to familiarize yourself with the senior living lifestyle and sample our Chef-prepared cuisine over lunch. From the welcoming front lobby to the beautiful apartment models, every part of our campus offers residents a place to enjoy and share time with friends and family.

Start a Family Conversation & Have a Plan

Take advantage of the time you have on your side right now. Have a frank, in-person conversation with your family about your desire to explore retirement community living. Express your wishes for yourself, your home, your assets, and your possessions. Take time with the discussions, make your desires clear and listen for input. As you formulate your plan, set a date and time to revisit the topic with your family.

Contact a Realtor about Home Valuation

Home values fluctuate even in the best of markets. Ask a senior-focused realtor in your area to supply you with a current market value for your home and a report of comparable homes in your area to start to gauge what your home's asking price might be. Or, call Silvergate for a local realtor referral.

Speak to a Financial Planner for Sound Advice

Seniors often turn to Financial Planners for advice on how to best handle their investments, savings and assets. It's wise to revisit that advice when you are planning a move to senior living. Working with a reputable financial professional assures that you are set up to adequately fund the retirement lifestyle you desire. They assist you with expertly investing your home sale proceeds as well as managing your retirement resources so that you are able to support your ongoing financial needs as you age.

Ask Us about Professional Move Management

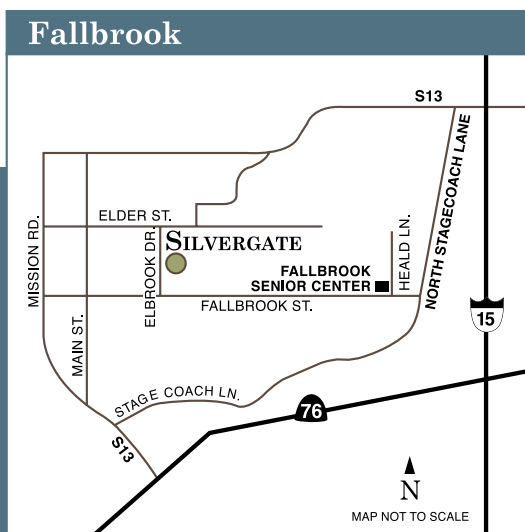
Silvergate offers seniors access to the services of a professional move management company for those who would like assistance with right-sizing possessions, clearing the clutter, and managing a turn-key move. Let us connect with a move management team in your area to get the process started. It's easy when you have help!



SILVERGATE

Retirement Residence
& Memory Care Suites

Come Explore All That Senior Living Has To Offer...
You May Be More Ready Than You Think.



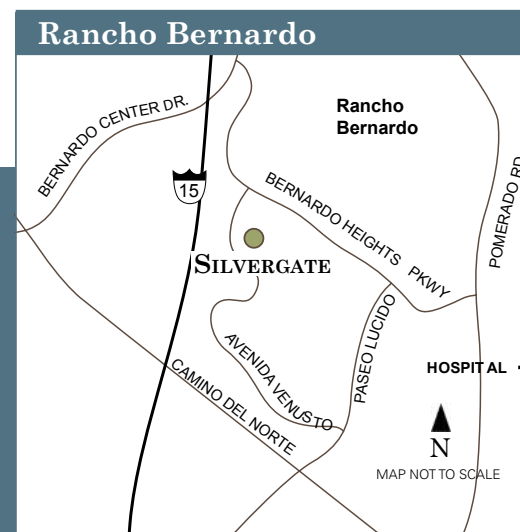
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