

What To Look For In
**A Great Memory Care
Community**



SILVERGATE

Retirement Residence
& Memory Care Suites



Memory Care Communities

A Comparison Checklist for Touring

- 1 A Diagnosis:** When a family receives a confirmed diagnosis of Alzheimer's, dementia or memory impairment in a loved one, the path forward can seem daunting. Your loved one's growing care needs can bring about challenging questions and important considerations for the entire family.
- 2 Where to Start:** Begin your search for a reliable and safe care solution by investing time in understanding your options. With a little research and the right guidance, your family can make an informed decision about the best care available and will be able to find the highest quality memory care setting possible.
- 3 Memory Care:** Not all senior living environments are alike. By using your loved one's challenges and prognosis as a lens, you can compare memory care environments thoughtfully in order to select a community that best meets your family's needs.
- 4 A Checklist for Families:** Bring this helpful Memory Care Checklist from Silvergate Suites as you tour senior living communities. Then, call our expert Senior Living Advisors who can help guide you in this process.





Community Environment

	Silvergate Communities	Community #2	Community #3
Is the community locally owned and operated?	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Are the memory care accommodations located in a dedicated, stand-alone building?	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Is the building designed specifically for Memory Care, including “neighborhoods” rather than long hallways or corridors?	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Are there private accommodations available?	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Is the building new or newly renovated?	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Are there outdoor spaces that residents can easily access and enjoy?	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Are the outdoor spaces secure, safe and spacious enough for walking about?	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Are there places that I may visit with my loved one, besides his or her room or apartment?	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Is there a place for family gatherings or meals that we may rent or reserve if needed?	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Does the community have a clean look and smell?	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Will the room or apartment be cleaned daily?	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Is laundry service included?	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Does the management staff attend community events and get to know family members?	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>





Care & Services

Silvergate Communities

Community
#2

Community
#3

Is there a dedicated Memory Care Director at the community?



Are the caregivers tenured staff with consistency and longevity on the job?



Are there licensed nurses (LVNs) on staff?



Does the staff have training and experience with Alzheimer's Disease, dementia and diabetes?



Does the caregiver-to-resident ratio exceed industry standards (1 per 6 residents or less)?



Does the community assist with my loved one's long-term care insurance?



Does the cost include the specific care my loved one will need?



Do specialists (podiatrists, dentists, hair stylists, etc.) visit memory care residents regularly?



Does the community offer All-Inclusive Care Plan Pricing that includes all necessary care services?



Are doctor's orders and prescriptions managed by trained medication technicians?



Will an LVN inform me and the doctor directly about any change in my loved one's condition? A fall? An emergency-room visit?



Within the community, are there therapy services (physical, occupational, speech) available?



Has the community received industry awards for care and compassion?



Is there hospice and end-of-life care?





Specialized Activities

Silvergate Communities

Community
#2

Community
#3

Is there a dedicated Activities Director?



Are the activities designed specifically for those living with memory loss?



Are there dedicated “destination” rooms for activities, such as Art, Music Therapy, Games, and rooms for reflection and reminiscence?



May family members attend an activity with a loved one?



Do residents seem engaged and happy?



Are there activities on the calendar my loved one will enjoy?



Are there activities planned for every day of the week?



Are residents transported to and from appointments, outings and activities?



Are activities available that encourage range of motion and physical exercise?



Does the community offer multi-sensory activities (hand massages, sensory stimulation groups, etc.)?



If residents are mobility-challenged, are there ample activities for socialization?





Meals & Dining Experience

Silvergate Communities

Community
#2

Community
#3

Does the community have its own dining space specifically for memory care residents?



Is the dining space homelike and welcoming?



Is there a Private Family Dining Room where residents may dine and celebrate special occasions with visiting family members?



Does the menu offer a variety of options?



Can family members help select meal options for their loved one?



Is there assistance in the dining area during meals?



Are the meals prepared by a trained Chef who works with a certified Nutritionist?



May residents assist with tasks like setting the table?





Family Involvement

Silvergate Communities

Community
#2

Community
#3

Is the building welcoming upon entering?



Are there ample visiting hours to suit your schedule?



Are family members and friends encouraged to get involved with the life of the community?



Are there regularly scheduled Family Nights or other virtual events that encourage participation?



Are family members involved in their loved one's care plans?



Are family contacts updated regularly and consistently about their loved one's activities?



May I meet another family with a loved one residing in the community?



Does the community send proactive communication about daily life of a loved one, including photos?



Do meetings with families involve senior management?



Is the community active on social media or do they send out a family newsletter each month?





Silvergate Retirement Residence

Memory Care Unlike Any Other

For more than 30 years, the Silvergate mission has been to deliver award-winning care to seniors with the same compassion, respect and affection we would want for our own families.

When you want the absolute finest care available in the most beautiful setting possible, entrust your loved one to Silvergate Memory Care Suites...

Where Every Day Matters.



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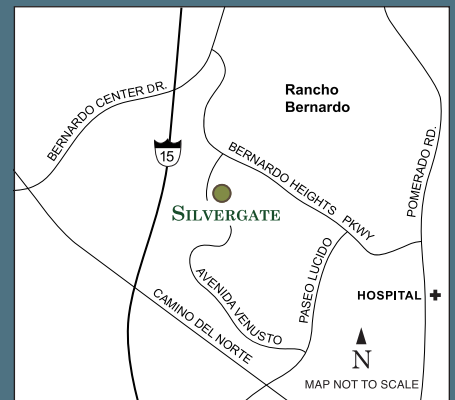
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SILVERGATE

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& Memory Care Suites

INDEPENDENT LIVING | ASSISTED LIVING | MEMORY CARE | RESPITE STAYS