

Silvergate Sample Activities Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	10:30 AM Monday Mornings w/ Liz 1:30 PM Afternoon Movie 2:30 PM Bingo 3:15 PM Jump Start with Debbie 6:30 PM Evening Movie	10:00 AM Exercise w/ Debbie 10:30 AM Word Games w/ Liz 11:00 AM Men's Exercise Class 1:30 PM Afternoon Movie 2:00 PM Chair Massage 6:30 PM Inspirational Movie w/ Robert	10:30 AM Apartment Visits w/ Liz 10:30 AM Bible Study w/ Edith 1:30 PM Comedy Classics 2:30 PM Chocolate Lovers Social 3:15 PM Jump Start w/ Debbie 6:30 PM Evening Movie	10:00 AM Exercise w/ Debbie 10:30 AM Card Bingo 11:00 AM Men's Exercise Class 1:30 PM Our History Matters 1:30 PM Afternoon Movie 3:30 PM Activity Committee Mtg 6:00 PM Church Services 6:30 PM Evening Movie	9:00 AM Catholic Communion 10:30 AM Morning Movie 1:30 PM Armchair Travel 2:30 PM Big Bucks Bingo 6:30 PM Evening Movie	8:15 AM Donuts & Coffee 9:00 AM Local Shopping & Banking 10:00 AM Exercise w/ Debbie 10:00 AM Shopping at Walmart 1:30 PM Afternoon Movie 6:30 PM Evening Movie
8:45-12:00 Church Transportation 10:30 AM Sunday Morning Classics 1:30 PM Afternoon Movie 6:30 PM Evening Movie	10:30 AM Monday Mornings w/ Liz 1:30 PM Afternoon Movie 2:30 PM Bingo 3:15 PM Jump Start with Debbie 6:30 PM Evening Movie	10:00 AM Exercise w/ Debbie 10:30 AM Greeting Cards Sale 11:00 AM Men's Exercise Class 1:30 PM Afternoon Movie 2:00 PM Artsy Greetings 6:30 PM Evening Movie	9:30 AM Podiatrist Visits 10:30 AM Bible Study w/ Edith 10:30 AM News & Views w/ Liz 1:30 PM Comedy Classics 2:30 PM Ladies & Gents Social 3:15 PM Jump Start w/ Debbie 6:30 PM Evening Movie	10:00 AM Exercise w/ Debbie 10:30 AM Nostalgia w/ Liz 11:00 AM Men's Exercise Class 1:30 PM Afternoon Movie 2:00 PM Memoir Writing Group 4:00 PM Armchair Astronomy 6:00 PM Church Services 6:30 PM Evening Movie	9:00 AM Catholic Communion 10:30 AM Bible Reading w/ Liz 1:30 PM Armchair Travel 2:30 PM Big Bucks Bingo 6:30 PM Evening Movie	8:15 AM Donuts & Coffee 9:00 AM Local Shopping & Banking 10:00 AM Exercise w/ Debbie 10:00 AM Shopping at Kohls & Walmart 1:30 PM Afternoon Movie 6:30 PM Evening Movie
8:45-12:00 Church Transportation 10:30 AM Sunday Morning Classics 1:30 PM Afternoon Movie 6:30 PM Evening Movie	10:30 AM Monday Mornings w/ Liz 1:30 PM Afternoon Movie 2:30 PM Bingo 3:15 PM Jump Start with Debbie 6:30 PM Evening Movie	10:00 AM Exercise w/ Debbie 10:30 AM Word Games w/ Liz 11:00 AM Men's Exercise Class 1:30 PM Afternoon Movie 2:00 PM Chair Massage 3:30 PM Short Stories & More 6:30 PM Evening Movie	10:30 AM Bible Study w/ Edith 10:30 AM News & Views w/ Liz 1:30 PM Comedy Classics 2:30 PM Coffee Klatch 3:15 PM Jump Start w/ Debbie 4:00 PM Volunteer Appreciation 6:30 PM Evening Movie	10:00 AM Exercise w/ Debbie 10:30 AM Card Bingo 10:30 AM Alzheimer's Disease Support Group 11:00 AM Men's Exercise Class 1:30 PM Afternoon Movie 3:30 PM Table Games 6:00 PM Church Services 6:30 PM Evening Movie	9:00 AM Catholic Communion 10:00 AM Scenic Drive 10:30 AM Bible Reading w/ Liz 1:30 PM Armchair Travel 2:30 PM Big Bucks Bingo 6:30 PM Evening Movie	8:15 AM Donuts & Coffee 9:00 AM Local Shopping & Banking 10:00 AM Exercise w/ Debbie 10:00 AM Shopping at Target & Trader Joe's 1:30 PM Afternoon Movie 6:30 PM Evening Movie
8:45-12:00 Church Transportation 10:30 AM Sunday Morning Classics 1:30 PM Afternoon Movie 6:30 PM Evening Movie	10:30 AM Monday Mornings w/ Liz 1:30 PM Afternoon Movie 2:30 PM Bingo 3:15 PM Jump Start with Debbie 6:30 PM Evening Movie	10:00 AM Exercise w/ Debbie 10:30 AM Greeting Cards Sale 11:00 AM Men's Exercise Class 1:30 PM Afternoon Movie 2:00 PM Artsy Greetings 6:30 PM Evening Movie	10:30 AM Bible Study w/ Edith 10:30 AM News & Views w/ Liz 1:30 PM Comedy Classics 2:30 PM Popcorn Social 3:15 PM Jump Start w/ Debbie 6:30 PM Evening Movie	10:00 AM Exercise w/ Debbie 10:30 AM Crosswords w/ Liz 11:00 AM Men's Exercise Class 1:00 PM Resident Council 1:30 PM Afternoon Movie 2:00 PM Memoir Writing Group 2:30 PM Table Games 6:00 PM Church Services 6:30 PM Evening Movie	9:00 AM Catholic Communion 10:30 AM Devotion & Communion 1:30 PM Armchair Travel 2:30 PM Big Bucks Bingo 6:30 PM Evening Movie	8:15 AM Donuts & Coffee 9:00 AM Local Shopping & Banking 10:00 AM Exercise w/ Debbie 10:00 AM Shopping at Resident's Choice 1:30 PM Afternoon Movie 6:30 PM Evening Movie
8:45-12:00 Church Transportation 10:30 AM Sunday Morning Classics 1:30 PM Afternoon Movie 6:30 PM Evening Movie	10:30 AM Monday Mornings w/ Liz 1:30 PM Afternoon Movie 2:30 PM Bingo 3:15 PM Jump Start with Debbie 4:00 PM Birthday Celebration 6:30 PM Evening Movie	10:00 AM Exercise w/ Debbie 10:30 AM Word Games w/ Liz 11:00 AM Men's Exercise Class 1:30 PM Afternoon Movie 2:00 PM Chair Massage 6:30 PM Evening Movie	10:30 AM Bible Study w/ Edith 10:30 AM News & Views w/ Liz 1:30 PM Comedy Classics 2:30 PM Ice Cream Social 3:15 PM Jump Start w/ Debbie 6:30 PM Evening Movie			