

# SAMPLE SILVERGATE MENU

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## ☛ Breakfast ☚

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Fallbrook Omelet  
with Hash Browns and Toast

Corned Beef Hash  
with Eggs and Toast

Eggs Benedict  
with Fresh Fruit and Toast

## ☛ Lunch ☚

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Soup of the Day

Teriyaki Chicken  
with Brown Rice and Sautéed  
Vegetables

Shrimp Basket  
with Coleslaw and French Fries

Ham and Cheese Quiche  
with Field Green Salad

## ☛ Dinner ☚

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Soup of the Day

BBQ Pork Ribs  
with Baked Potato and Beans

Roasted Herb Chicken  
with Brown Rice and Zucchini

Chicken Parmesan  
with Spaghetti

## ☛ Dessert ☚

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Fresh Baked Cookie

Boston Cream Pie