

Silvergate Sample Activities Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	9:00 AM Podiatrist Visits 9:30 AM Exercise w/ Sandra 10:00 AM Tai Chi 10:00 AM Wii Bowling 12:30 PM Bridge 1:30 PM Yahtzee Mania 4:00 PM Social Hour 6:15 PM Night Owl Bingo 6:15 PM Evening Movie	9:45 AM Crosswords 10:15 AM Menu Review 11:00 AM Stretch Class 1:30 PM Scenic Ride 2:30 PM Puzzles & Games 4:00 PM Social Hour 6:15 PM Evening Movie	8:45 AM Errands & Shopping 9:30 AM Exercise w/ Sandra 10:00 AM Wii Bowling 11:00 AM Alterations w/ Kathy 1:00 PM Walmart Trip 4:00 PM Social Hour 6:15 PM Evening Movie	11:00 AM Stretch Class 2:00 PM Bingo 3:00 PM SonRise Bible Study 4:00 PM Martini Social Hour 6:15 PM Evening Movie	9:30 AM Exercise w/ Sandra 9:45 AM Internet Games w/ Carie 10:00 AM Tai Chi 10:00 AM Wii Bowling 1:15 PM Past & Present 4:00 PM Happy Hour w/ The Texas Toothpicks 6:15 PM Evening Movie	10:00 AM Wii Bowling 12:30 PM Bridge 3:00 PM Root Beer Floats 4:00 PM Social Hour w/ Susan 6:15 PM Night Owl Bingo 6:15 PM Evening Movie
11:00 AM Church Service 1:00 PM Wellness Clinic Open 1:30 PM Bingo 4:00 PM Social Hour 6:15 PM Evening Movie	9:30 AM Exercise w/ Sandra 10:00 AM Tai Chi 10:00 AM Wii Bowling 12:30 PM Bridge 4:00 PM Social Hour 6:15 PM Night Owl Bingo 6:15 PM Evening Movie	9:45 AM Crosswords 11:00 AM Stretch Class 12:00 PM Monthly Birthday Celebration 1:30 PM Scenic Ride 2:30 PM Puzzles & Games 4:00 PM Social Hour 6:15 PM Evening Movie	8:45 AM Errands & Shopping 9:30 AM Exercise w/ Sandra 10:00 AM Wii Bowling 1:00 PM Shopping at Drapers & Damons 4:00 PM Social Hour 6:15 PM Evening Movie	10:00 AM Ruali Jewelry Visit 11:00 AM Stretch Class 2:00 PM Bingo 3:00 PM SonRise Bible Study 4:00 PM Social Hour 6:15 PM Evening Movie	9:30 AM Exercise w/ Sandra 9:45 AM Internet Games w/ Carie 10:00 AM Tai Chi 10:00 AM Wii Bowling 1:15 PM Past & Present 4:00 PM Happy Hour w/ Angelo 6:15 PM Evening Movie	10:00 AM Wii Bowling 12:30 PM Bridge 1:30 PM Yahtzee Mania 3:00 PM Cookies & Cider 4:00 PM Social Hour 6:15 PM Night Owl Bingo 6:15 PM Evening Movie
11:00 AM Church Service 1:00 PM Church of Christ Sings 1:00 PM Wellness Clinic Open 1:30 PM Bingo 4:00 PM Social Hour 6:15 PM Evening Movie	9:30 AM Exercise w/ Sandra 10:00 AM Tai Chi 10:00 AM Wii Bowling 12:30 PM Bridge 4:00 PM Social Hour 6:15 PM Night Owl Bingo 6:15 PM Evening Movie	9:45 AM Crosswords 11:00 AM Stretch Class 1:30 PM Scenic Ride 2:30 PM Puzzles & Games 4:00 PM Social Hour 6:15 PM Evening Movie	8:45 AM Errands & Shopping 9:30 AM Exercise w/ Sandra 10:00 AM Wii Bowling 11:00 AM Lunch Out - Karl Strauss 1:00 PM Madeline Sings 1:30 PM Alzheimer's Support Mtg 4:00 PM Social Hour 6:15 PM Evening Movie	11:00 AM Stretch Class 3:00 PM SonRise Bible Study 4:00 PM Social Hour 6:15 PM Night Owl Bingo 6:15 PM Evening Movie	9:30 AM Exercise w/ Sandra 9:45 AM Internet Games w/ Carie 10:00 AM Tai Chi 10:00 AM Wii Bowling 1:15 PM Past & Present 4:00 PM Happy Hour w/ Dan 6:15 PM Evening Movie	9:45 AM Crossword Puzzles 10:00 AM Wii Bowling 12:30 PM Bridge 1:30 PM Yahtzee Mania 3:00 PM Cookies & Cider 4:00 PM Social Hour 6:15 PM Night Owl Bingo 6:15 PM Evening Movie
11:00 AM Church Service 1:00 PM Wellness Clinic Open 1:30 PM Bingo 4:00 PM Social Hour 6:15 PM Evening Movie	9:30 AM Exercise w/ Sandra 10:00 AM Tai Chi 10:00 AM Wii Bowling 12:30 PM Bridge 4:00 PM Social Hour 6:15 PM Night Owl Bingo 6:15 PM Evening Movie	9:45 AM Crosswords 11:00 AM Stretch Class 1:30 PM Scenic Ride 2:30 PM Puzzles & Games 4:00 PM Social Hour 6:15 PM Evening Movie	8:45 AM Errands & Shopping 9:30 AM Exercise w/ Sandra 10:00 AM Wii Bowling 10:30 AM Harrahs Casino Trip 4:00 PM Social Hour 6:15 PM Evening Movie	11:00 AM Stretch Class 2:00 PM Bingo 3:00 PM SonRise Bible Study 4:00 PM Social Hour 6:15 PM Evening Movie	9:30 AM Exercise w/ Sandra 9:45 AM Internet Games w/ Carie 10:00 AM Tai Chi 10:00 AM Wii Bowling 1:15 PM Past & Present 4:00 PM Happy Hour w/ Randy 6:15 PM Evening Movie	9:45 AM Crossword Puzzles 10:00 AM Wii Bowling 12:30 PM Bridge 1:30 PM Yahtzee Mania 3:00 PM Cookies & Cider 4:00 PM Social Hour 6:15 PM Night Owl Bingo 6:15 PM Evening Movie
11:00 AM Church Service 1:00 PM Church of Christ Sings 1:00 PM Wellness Clinic Open 1:30 PM Bingo 4:00 PM Social Hour 6:15 PM Evening Movie	9:30 AM Exercise w/ Sandra 10:00 AM Tai Chi 10:00 AM Wii Bowling 12:30 PM Bridge 4:00 PM Social Hour 6:15 PM Night Owl Bingo 6:15 PM Evening Movie	9:45 AM Crosswords 10:15 AM Council Meeting 11:00 AM Stretch Class 1:30 PM Scenic Ride 2:30 PM Puzzles & Games 4:00 PM Social Hour 6:15 PM Evening Movie	8:45 AM Errands & Shopping 9:30 AM Exercise w/ Sandra 10:00 AM Wii Bowling 11:00 AM Ponte Winery Tour 4:00 PM Social Hour 6:15 PM Evening Movie			